

Contactless Creativity – Fibre Arts by Sophie A Boat Full of Wool

Hello, my name is Sophie and I am a local Craft tutor teaching Crochet, Knitting and fibre -based arts in Schools. My business is called A Boat full of Wool and I run workshops from my narrowboat. My activities are based on fibre arts and we will be exploring how to use fibre-based materials in different ways. I am also passionate about the environment so please try and recycle or reuse left over materials from your projects.

Activity 1 – Pom Pom making to make a Fluffy Pom Pom

What do I need:

- Wool Rovings
- Pom Pom maker
- Scissors

1. Take your wool roving's and then open up the first set of semi-circles.
2. Place the wool over both semi -circles and start wrapping the yarn round both
3. Wrap the wool until the semi-circle is full with yarn, you won't need to do too many wraps.
4. Cut the wool if needed and fold this set of semi- circles back into the middle
5. Open up the other semi-circle and wrap the wool here until full again.
6. Cut the wool off and fold this semi-circle back into the centre.
7. Now carefully cut your pom pom by inserting the scissors into the groove around the edge of the pom maker and cut around the whole circle. You might need to get someone to help you with this as its tricky. It's best to do little snips at a time.
8. Do not open up the semi-circles yet or your pom pom will fall apart
9. You now need to take a long piece of yarn (in your packs for the weaving), double it over and insert this in between the groove and tie a really tight knot. Leave the long piece of string attached so you can hang them up later.
10. Now you can open up your pom pom maker by opening up the two semi-circle halves and pulling the centre of the pom pom maker apart (white circle). You have made your fluffy Pom pom!



Activity 2- Weaving with sticks

What do I need:

- 2x lollipop sticks, yarn and Scissors.

1. Start by tying the two lollipop sticks together into an "x" shape.
2. Now wrap yarn around both of the sticks in the middle in both directions. This will allow the sticks to stay in place better.
3. To start your weaving go under the first stick of choice with your yarn and then wrap it back over the top of the same stick.
4. Now move onto the next stick around go under this stick and then over the top
5. Repeat round with all sticks, try to keep the yarn in line and pull tightly



6. Finish off work by leaving a long tail and tie a double knot around a stick
7. You can now hang your weaving up in your window.

Activity 3 – Fabric decopatch happy box

What you will need:

- Fabric
- PVA Glue
- A Card box
- A paintbrush
- An old plastic tray like a mushroom tub or similar for your glue



1. Choose which fabric from your packs you would like to cover your box with.
2. Start by cutting the fabric into small squares, you can use different colours and layer your fabric up to make different affects.
3. Now glue your fabric squares onto your box using your paintbrush. Apply glue onto the cardboard and onto of the fabric to get it to stick nicely. Don't worry the glue will dry clear! Use your brush to guide your fabric over the edges of the box.
4. Continue covering your box until its fully covered.
5. Leave to dry, once dry fill your box with happy memories from your life and look back on them on days your sad.

Activity 4 – Make a beaded keyring

What you will need:

You will find all of these materials in the little paper bags!

1. Take your cotton bead cord and fold it in half, then take the metal key ring.
2. Place the fold of the cord behind the metal ring, now insert the two-tail end through the fold making a slip knot around the ring.
3. Begin to thread on your beads once you have your desired amount then tie a knit around the last bead to secure all the beads in place.
4. Enjoy your keyring and place it on your keys or handy items!



Thank you for taking part, I hope you have enjoyed all the activities, you can find out more about my work at www.aboatfullofwool.co.uk