(FORM CONTINUED ON NEXT PAGE)

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| **LINKS TO THRIVE: Participant Self-Referral Form**  **Participants are welcome to join throughout the courses regardless of course start dates.**  **Please note that whilst the Links to Thrive sessions are purely for those who have been referred or self-referred onto the course, The Ageing Creatively over 55 sessions are open to the public. If you would like to attend an Ageing Creatively course, a bursary may be offered through the Links to Thrive funding.**  Please return this form to [**getinvolved@cornexchangenew.co.uk**](mailto:getinvolved@cornexchangenew.co.uk) | |
| **Date:** |  |
| **Your name** |  |
| **Your date of birth** |  |
| **Your main contact number** |  |
| **Your email address** |  |
| **Your home address:**  **(including postcode)** |  |
| **Registered GP Surgery:** |  |
| **Please comment on why you are self-referring to this project:** | |
| **Do you have any medical and/or access needs you would like us to be aware of?** |  |
|  |  |
| **Name of class/course you wish to attend (please circle, you can select more than one of interest)**  **Links to Thrive**   |  |  |  |  | | --- | --- | --- | --- | | Art for Wellbeing: Create with Clay | West Berkshire Museum, Newbury | Mondays  10.00am – 12.00pm  12th Sept to 10th Oct 2022 | Links to Thrive | | Craft and Care | **Pangbourne Village Hall,**  **6 Station Rd, Pangbourne, Reading RG8 7AN** | **Tuesdays**  **10.00am – 12.00pm**  **20th Sept to 6th Dec 2022**  ***No class on 25th Oct 2022*** | **Links to Thrive** | | Art for Wellbeing | **Thatcham, Alice Bye Court** | **Tuesdays**  **10.00am – 12.00pm**  **20th Sept to 6th Dec 2022**  ***No class on 25th Oct 2022*** | **Links to Thrive** | | Creative Art Journaling | **Eight Bells**  **Friends Meeting House, 1 Highfield Avenue, Newbury, Berkshire, RG14 5DS** | **Fridays  10.30am – 12.00pm 23 Sept –21 Oct 2022 (5 weeks) 4 Nov –2 Dec 2022 (5 weeks)** | **Links to Thrive** | | Singing for Recovery | **Learning Centre, Hogan Music, Winchcombe House, 123-126 Bartholomew House** | **Fridays**  **9.45am – 11.00am**  **23 Sept to 2nd Dec 2022**  ***No class on 28th Oct 2022*** | **Links to Thrive** | | Art for Wellbeing | **The Croft Hall, Hungerford RG17 0HY** | **Fridays**  **10.00am – 12.00pm**  **23 Sept to 2nd Dec 2022**  ***No class on 28th Oct 2022*** | **Links to Thrive** |   **Ageing Creatively 55+ (Bursaries available for Links to Thrive referrals)**   |  |  |  |  | | --- | --- | --- | --- | | Creative Arts Club | Learning Centre, Hogan Music, Winchcombe House, 123-126 Bartholomew House | Mondays  11.45am – 1.15pm  19th Sept to 28th Nov 2022  *No class on 24th Oct 2022* | Ageing Creatively (55+) | | Sing 55 | **Learning Centre, Hogan Music, Winchcombe House, 123-126 Bartholomew House** | **Tuesdays**  **2.00pm – 3.45pm**  **20 Sept to 29 Nov 2022**  ***No class on 25th Oct 2022*** | **Ageing Creatively**  **(55+)** | | Stitch and Sew | **Corn Exchange, Balcony Bar** | **Thursdays**  **10.00am – 11.30am**  **22 Sept to 1st Dec 2022**  ***No class on 27th Oct 2022*** | **Ageing Creatively**  **(55+)** | | |
| **Are you able to provide your own transport to and from sessions if needed?** | Yes No |
| **Will you be bringing a friend, or some one to support along with you?** | Yes No |
| **Would you like a volunteer buddy to support you during the sessions?** | Yes No |
| **For Corn Exchange office use:** |  |
| **Other relevant notes** | |
| **No: Sessions attended:** |  |