

Painting music

inspired by Wassily Kandinsky

Continuing from the previous art therapy exercises.

This weeks creative contactless we will be painting music creating abstract paintings inspired by the artist Wassily Kandinsky.

* We will be listening to music by Johann Pachebel - Canon in D major. Deconstructing the song in layers and trying to replicate the song in colours and shapes.

* We will then be exploring texture, painting with nature. Walking amongst nature or in our gardens going on a nature hunt gathering resources to use in our paintings.

* The final activity we will be combining the two exercises to create our final piece. We will be choosing a piece of music that relates to us and creating our very own Wassily Kandinsky!

Music and Art

Painting to music allows one to interpret and process sensory information and allows you to take ownership of the music by creating your own impressions. Through this process you can begin to understand that music can shape the experience how we feel and what we do. Music impacts our mood, lifts us up, touches our hearts, makes our feet tap to the beat of the percussion.

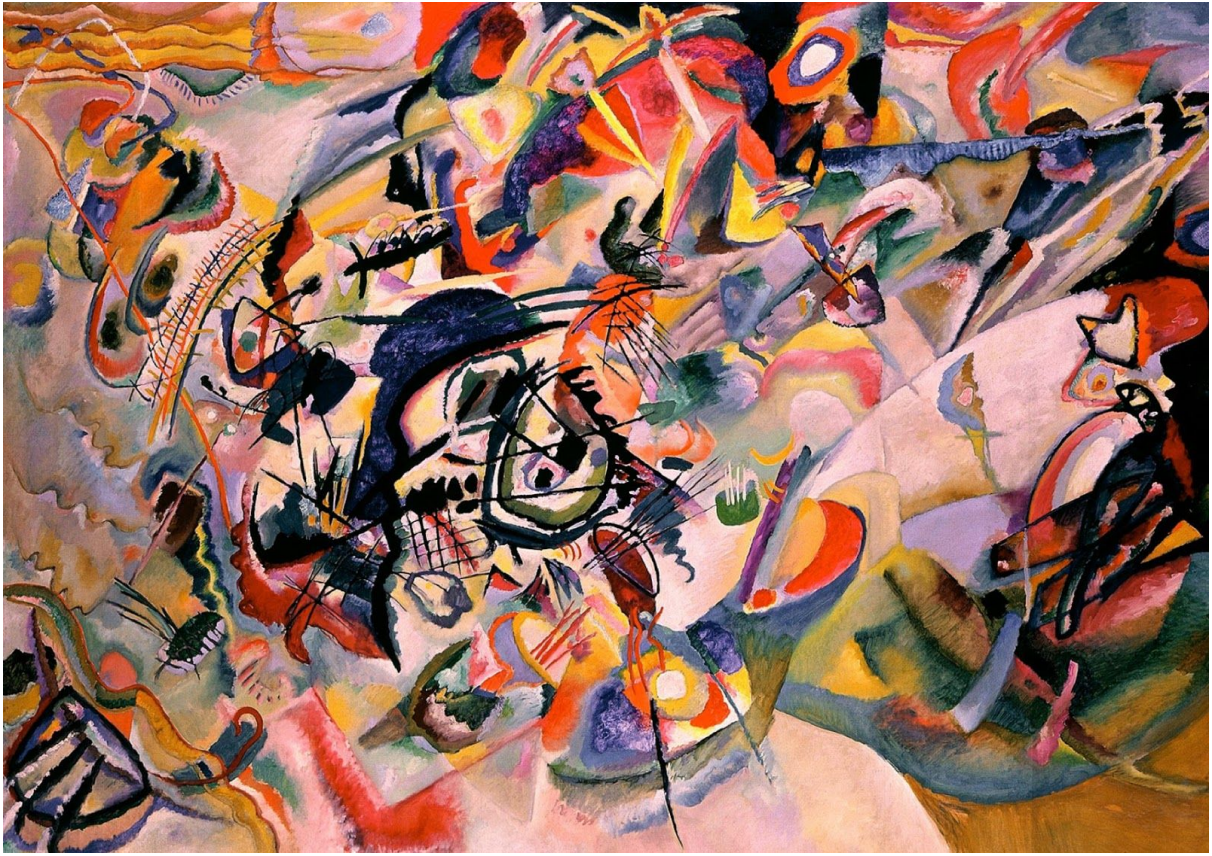
Music is simply a compilation of notes interpreted by a musician. The musician plays the music, which in turn stimulates the tiny hairs in our ears, and our brain hears the auditory message. Once the brain hears the music, we evaluate the sound and respond with pleasure, sadness, or irritation.

Wassily Kandinsky

The neurological phenomenon Kandinsky experienced is called synesthesia (or “joined perception,” from the Greek word syn meaning “join” and aisthesis meaning “perception”). It’s a rare but real condition in which one sense, like hearing, concurrently triggers another sense, such as sight. People with synesthesia might smell something when they hear a sound, or see a shape when they eat a certain food. Kandinsky literally saw colors when he heard music, and heard music when he painted.

The artist explored these sensations in unconventional, artistic ways. Conceived for the theatre, Kandinsky created experimental performance-based expressions of synesthesia–The Yellow Sound being the most famous–which utilized original musical scores, lighting, and various media to explore prevalent color theories of the time.

When he was younger and went to music theatres he assumed the curtains closing and lights being dimmed were for the benefit of seeing the colours more vividly as the music played.



Colour is a power which directly influences the soul. Colour is the keyboard, the eyes are the hammer, the soul is the strings. The artist is the hand that plays, touching one key or another, to cause vibrations in the soul.